

BECOME A WATER CHAMPION



New Zealand's nature is a big backyard. Show your Kiwi backyard some love by helping to clean a stream, river or beach near you.

YOU WILL NEED

- Gloves
- Warm clothes / sunhat / waterproof layer – dress for the weather!
- A bag for rubbish
- Good footwear that won't slip on rocks or banks
- An adult/whānau to help

GET PREPARED

Find a stream, river or beach near you that is easy to get to. Make sure you ask your parents as they'll need to go with you. Check the weather conditions on the day and make sure you are prepared. For more information on staying safe in the outdoors, and the water safety code, visit www.doc.govt.nz or www.adventuresmart.nz

KEEP NEW ZEALAND BEAUTIFUL

Head out and do a clean-up at your chosen place. How much litter did you find? Where did it come from? Separate the litter into recycling and general rubbish and dispose of it properly. Tell us how your activity goes and we'll send you a Toyota Kiwi Guardians Toa Tiaki Wai – Water Champion medal. For more information on how to organise your own local clean up go to sustainablecoastlines.org or knzb.org.nz

REMEMBER TO CLAIM YOUR ACTION MEDAL AT KIWIGUARDIANS.CO.NZ

